



EUREOS

*European Society of Eosinophilic
Oesophagitis*

EUREOS ANNUAL REPORT

2025–2026

EDITORIAL

DEAR COLLEAGUES,



As we look back on another successful year for EUREOS, am particularly pleased to reflect on my first year as President. Building on more than a decade of continuous development, our society has further strengthened its position as a leading European network in eosinophilic gastrointestinal diseases and a trusted partner in education, research, and clinical practice.

When I assumed the presidency, my ambition was to build on the strong foundations established over the past years while further increasing EUREOS's visibility, reach, and relevance. Over the past year, we have made important progress towards these goals. Our membership has continued to grow, our network has expanded, and EUREOS has gained further visibility within both the professional and wider EoE community.

A particular highlight was World EoE Day. Through a series of coordinated initiatives, educational activities, and collaboration with patient organizations and other stakeholders, we helped raise awareness of EoE across Europe and beyond. At the same time, we continued to strengthen our scientific and educational activities, with the EUREOS Library and EoE CONNECT remaining important pillars of our society. These achievements are the result of a collective effort. I sincerely thank our Steering Committee, members, collaborators, patient organizations, and corporate partners for their commitment and continued support.

Looking ahead, we will build on this momentum: strengthening our community, expanding our reach, advancing scientific exchange, and ultimately contributing to better diagnosis, treatment, and care for people living with EoE.

Best regards,

Ulrike von Arnim
President 2025–2029

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ABOUT EUREOS

EUREOS is the meeting point for European physicians and researchers to share interdisciplinary knowledge on eosinophilic esophagitis and other eosinophilic gastrointestinal disorders. Our organisation continues to develop as a consolidated reference in communication, cutting-edge collaborative research and continuous training of professionals on eosinophilic esophagitis, eosinophilic gastroenteritis and eosinophilic colitis across Europe.

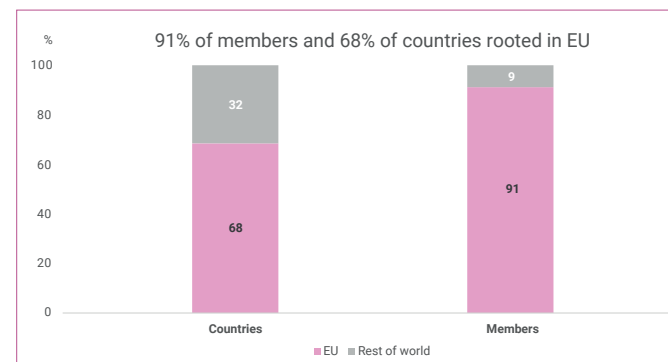
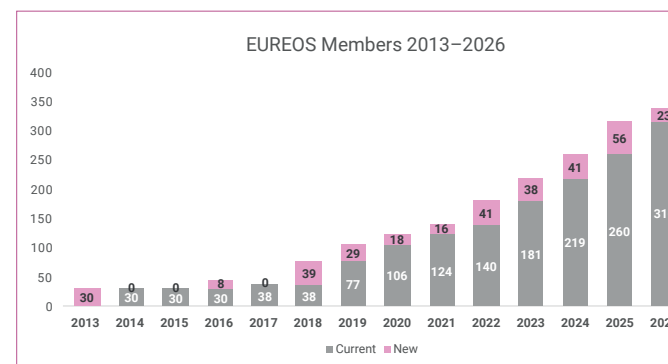
STEERING COMMITTEE

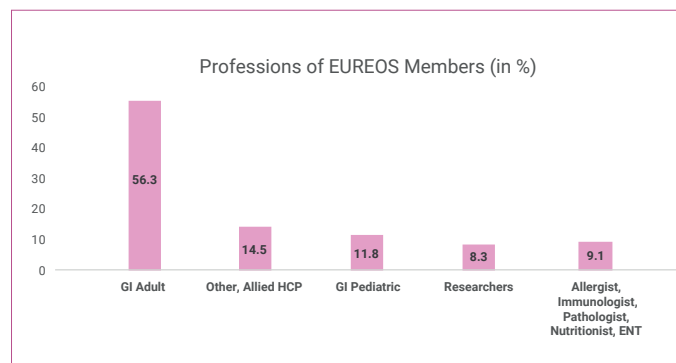
The EUREOS steering committee 2025–2026 consists of

- Ulrike von Arnim (President 2025–2029)
- Alfredo Lucendo (Past-President)
- Luc Biedermann (Treasurer)
- Arjan Bredenoord
- Matteo Ghisa
- Mirelle Kleuskens
- Helen Larsson
- Salvatore Oliva
- Christoph Schlag
- Francesca Racca

MEMBERS

EUREOS is currently supported by 339 members (+21 since the last general assembly) from different countries worldwide. Our members represent a broad spectrum of medical specialties, including adult and pediatric gastroenterology, allergology, immunology, pediatrics, primary care, pharmacy, nutrition, pathology, and otorhinolaryngology. We also include basic scientists from various disciplines who have a particular interest in EoE and other eosinophilic gastrointestinal diseases (EGIDs).





Members are welcome to participate in the annual general meeting, to propose activities for the advancement of our organisation, and to play an active role in decisions about the future activities of EUREOS.

Membership is free for physicians and scientists.

COMMUNICATION PLATFORM

The website serves as our central communication platform, attracting an average of 1,800 visitors per month. Information about our activities is also shared through social media, with LinkedIn generating an average of 1,600 impressions per month.

RESEARCH

EoE CONNECT



European Registry of Clinical, Environmental and Genetic Determinants in Eosinophilic Esophagitis

In 2016 EUREOS created an advanced multilingual EoE database with the aim to improve knowledge on epidemiology, its evolving trends, and on its burden to the health systems across Europe. The registry serves as a base for implementation of further prospective collaborative studies and is open to patients from all Europe. To date over 5,170 patients of all ages have been recruited by 67 study sites in 4 European Countries. Detailed research objectives are the following:

- To describe the socio-demographical and clinical characteristics as well as personal antecedents of EoE patients.
- To examine the relationship between time of disease onset, length of diagnostic delay, and disease phenotypes.
- To determine the influence of environmental and genetic factors on the time of onset, natural history and course of EoE.
- To analyse the use, effectiveness, and safety of the different therapeutic interventions in EoE, both in short and long term, using the standardized set of outcomes.
- To examine the burden of disease costs associated with EoE in adults.

EoE CONNECT is run under the patronage of EUREOS with a scientific committee of ten international EoE experts. Contributors, that have added more than 30 patients in the EoE registry, can submit a study request to the scientific committee using the data in the EoE registry. Currently nine studies and several UEGW abstracts have been published using the EoE CONNECT database:

- Efficacy of proton pump inhibitor therapy for eosinophilic oesophagitis in 630 patients: results from the EoE connect registry *Pharmacol Ther.* 2020 Sep;52(5):798-807.
- Efficacy of Therapy for Eosinophilic Esophagitis in Real-World Practice. *Clin Gastroenterol Hepatol.* 2020 Dec;18(13):2903-2911.
- Proton pump inhibitor therapy reverses endoscopic features of fibrosis in eosinophilic esophagitis. *Dig Liver Dis.* 2021 Nov;53(11):1479-1485.
- EoE CONNECT, the European Registry of Clinical, Environmental, and Genetic Determinants in Eosinophilic Esophagitis: rationale, design, and study protocol of a largescale epidemiological study in Europe *Therap Adv Gastroenterol.* 2022 Feb 2;15:17562848221074204.
- Accurate and timely diagnosis of Eosinophilic Esophagitis improves over time in Europe. An analysis of the EoE CONNECT Registry. *United European Gastroenterol J.* 2022 Jun;10(5):507-517.
- Differences between childhood- and adulthood-onset eosinophilic esophagitis: An analysis from the EoE connect registry. *Dig Liver Dis.* 2023 Mar;55(3):350-359.
- Determinant factors for first-line treatment choice and effectiveness in pediatric eosinophilic esophagitis: an analysis of the EUREOS EoE CONNECT registry. *Eur J Pediatr.* 2024 Aug;183(8):3567-3578.
- Swallowed topical corticosteroids for eosinophilic esophagitis: Utilization and real-world efficacy from the EoE CONNECT registry. *United European Gastroenterol J.* 2024 Jun;12(5):585-595.

- Sex-Related Differences in the Presentation, Management and Response to Treatment of Eosinophilic Esophagitis: SEXEoE Study of EoE CONNECT. *United European Gastroenterol J* 2024;12(10):1388-1398.
- Economic burden of eosinophilic esophagitis in the first year after diagnosis in Spain: A direct medical cost analysis. *Eur J Health Econ.* 2026 Jul;27(5):957-967.
- Dupilumab for Eosinophilic Esophagitis in Adolescents and Adults: Real-World Outcomes Across Different Dosing Regimens From the EoE CONNECT Registry. *Am J Gastroenterol.* 2026 Jun 24.
- Evolution of Endoscopic and Histologic Assessment of Eosinophilic Esophagitis in Europe and Evolution of the Diagnostic Delay: Data From the EUREOS EoE CONNECT Registry. *United European Gastroenterol J.* 2026 Sep;14(7):e70271.

EXPERT RECOMMENDATIONS

RENEWAL OF EUROPEAN GUIDELINES ON EOE

The current European Guidelines on diagnosis and management of EoE date back to 2017. The diagnostic and therapeutic armamentarium have developed since. A group of experts have been working in updating statements and providing best evidence to support clinical decisions in our patients. The first part of the guidelines has been submitted for publication. EUREOS EoE guidelines are developed with the endorsement of United European Gastroenterology.

EUREOS EXPERT RECOMMENDATIONS

Since its foundation, researchers and experts linked to EUREOS have collaborated to provide guidance on several essential aspects of clinical practice. Published between 2015 and 2023, the various consensus documents released have benefited from the collaboration of international organisations and colleagues from across the Atlantic from CEGIR and the AAAAI EGID Committee.

New projects are currently underway, focused on providing expert recommendations on complex issues for which there is no definitive evidence, which will be released soon.

The documents released by EUREOS in collaboration with other organisations have addressed essential aspects of EoE, and include the following:

- Monitoring Patients With Eosinophilic Esophagitis in Routine Clinical Practice - International Expert Recommendations. *Clin Gastroenterol Hepatol.* 2023 Sep;21(10):2526-2533.
- A Summary of the Meetings of the Development of a Core Outcome Set for Therapeutic Studies in Eosinophilic Esophagitis (COREOS) International Multidisciplinary Consensus *Gastroenterology.* 2021 Sep;161(3):778-784.
- Therapeutic Studies in Eosinophilic Esophagitis (COREOS) International Multidisciplinary Consensus *Gastroenterology.* 2021 Sep;161(3):778-784.
- Development of a Core Outcome Set for Therapeutic Studies in Eosinophilic Esophagitis (COREOS): An International Multidisciplinary Consensus *Gastroenterology.* 2021 Sep;161(3):748-755.
- Development of a core outcome set for therapeutic studies in eosinophilic esophagitis (COREOS) *J Allergy Clin Immunol.* 2021 Jul 6;S0091-6749(21)01059-9.
- Proton pump inhibitor-responsive oesophageal eosinophilia: an entity challenging current diagnostic criteria for eosinophilic oesophagitis *Gut.* 2016 Mar;65(3):524-31.

EDUCATION

INTERNATIONAL EVENTS

As in previous years, the 8th annual scientific EUREOS EoE Symposium took place as hybrid event adjacent to UEGW 2025.

Main topics were:

- Immunological and Molecular Basis of Eosinophilic Esophagitis:
From Pathogenesis to Therapeutic Insights
(Oscar Palomares, Spain)
- Histopathological Diagnosis of Eosinophilic Esophagitis: Key Features, Biopsy Interpretation, and the Role of EoE-HSS
(Cord Langner, Austria)
- Harmonizing Care in EoE: A Dialogue Between European and American Guidelines
(Christopher Ma, Canada)

ONLINE EDUCATION PLATFORM



In 2022, EUREOS launched the EUREOS Library (<https://eureos.nubwebinar.com/>), an online education platform dedicated to EoE and other eosinophilic gastrointestinal disorders. It offers high-quality, up-to-date content from EUREOS members through courses, symposia, webinars, and podcasts covering all aspects of EoE, EGID, and related diseases. The courses are designed for a wide range of professionals, including gastroenterologists, pediatricians, allergists, ENT specialists, endoscopists, primary care physicians, nurses, dietitians, nutritionists, and researchers. EUREOS Library enables EACCME CME accreditation through five free activities with teaching and knowledge check.

Available courses:

- EUREOS Symposium 2024: Evidence and Uncertainty
- EUREOS Symposium 2023: Past, Present and Future
- EUREOS Symposium 2022: Clinical and Epidemiological Innovations in EoE
- EUREOS Online Course: Advancing Awareness and Knowledge for better Life with EoE
- EUREOS IV National Congress of Eosinophilic Esophagitis

PATIENT RELATIONS

World EoE Day 2026

World EoE Day, held annually on May 22, is a global awareness initiative bringing together EUREOS and patient organizations worldwide. Its goal is to raise awareness of Eosinophilic Esophagitis (EoE), promote earlier recognition and diagnosis, and advocate for better care and research. A particular focus is on improving equitable access to diagnosis, specialist care, and effective treatment worldwide, especially in countries and regions where resources and access remain limited.

As in 2025, EUREOS supported the World EoE Day with several activities. To mark the European EoE Day, EUREOS has put together the third season of short one-minute informative sequences on EoE for those affected. In addition, dedicated activities were developed for healthcare professionals. These included the webinar «Understand. Diagnose. Treat.» and a practical FAQ compiled by EUREOS, addressing the 10 questions most frequently asked by patients in clinical practice.

ACKNOWLEDGEMENT

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